



# Taekwon-Do I.T.F

태권도

## Asian Taekwon-Do Federation

Newsletter 아시아태권도연맹 새소식

Volume 15, Oct., 2019

[www.atf-tkd.org](http://www.atf-tkd.org)

Email: [tkdkorea@star-co.net.kp](mailto:tkdkorea@star-co.net.kp)

Secretariat Email: [atf\\_tkd65@126.com](mailto:atf_tkd65@126.com)

Website email: [info@atf-tkd.org](mailto:info@atf-tkd.org)



## 21<sup>st</sup> ITF Taekwon-Do

## World Championships

## Took place in PLOVDIV, Bulgaria

Bulgaria ITF Taekwon-Do Federation hosted 21<sup>st</sup> ITF Taekwon-Do World Championships in beautiful city of Plovdiv, from 24<sup>th</sup> to 30<sup>th</sup> of September, 2019.

The championships took place in multifunctional Sports Hall "Kolodrum Plovdiv".

DPR Korea, Russia, Czech Republic took the 1<sup>st</sup> to 3<sup>rd</sup> Places overall out of 72 participants countries.

27<sup>th</sup> ITF Congress held coincide with the world championship.



Do not hesitate to send and report all the activities about your NGB and Taekwon-Do. Every news with a short description and/or photo, might be qualified to get published, and..... at ATF official website at:

[www.atf-tkd.org](http://www.atf-tkd.org)



# Executive Board Members of ATF invited by President KIM to EB meeting



## 아 시 아 태 권 도 연 맹 ASIAN TAEKWON-DO FEDERATION (ATF)

P.O.Box 800 Chukjon-dong, Mangyongdae dist. Pyongyang, DPR Korea  
Tel: +850 2 18111(ext. 341 8809) +86 138 9815 5096 Fax: +850 2 3814410  
E-Mail: [tkdkorea@star-co.net.kp](mailto:tkdkorea@star-co.net.kp) [atf\\_tkd65@126.com](mailto:atf_tkd65@126.com)  
Website: [www.atf-tkd.org](http://www.atf-tkd.org)



**To: ATF EB Members**  
**Subject: ATF EB Meeting**  
**Date: 11<sup>th</sup> October 2019**

### Letter of Invitation

Dear All ATF EB Members,

Availing myself of this opportunity, I would like to extend my warm greetings to all ATF EB Members devoting yourselves for the development and prosperity of original ITF in Asia.

According to Art. 14, Chapter 4 of the ATF Constitution, I hereby notify that the ATF Executive Board Meeting will be convened on 19<sup>th</sup> - 20<sup>th</sup> November 2019 in Jinhai Lake, Beijing, China.

On behalf of the ATF, I would like to officially invite all ATF Executive Board Members to the ATF EB Meeting.

In this meeting, it would be discussed and decided about some matters for the successful 10th Asian Taekwon-Do Championships to be held in China next year and some important issues to strengthening and developing the ATF in the future.

The summary schedule of the ATF EB Meeting is as follows;

18th Nov. : Arrival  
19th Nov. : ATF EB Meeting  
20th Nov. : ATF EB Meeting, Sightseeing of city and Dinner party  
21st Nov. : Departure

Accordingly let me kindly ask you to arrive in Beijing on 18<sup>th</sup> November and depart from Beijing on 21<sup>st</sup> November.

It is to inform you that the arrangement of this meeting and accommodation for all participants in Beijing will be in charge of Mr. Zhang Guangjun, ATF EB Member & President of China ITF(e-mail address: [secretary-gen@itfchina.com](mailto:secretary-gen@itfchina.com)).

You are kindly requested to contact with organizer Mr. Zhang Guangjun to get your visa to China in time.

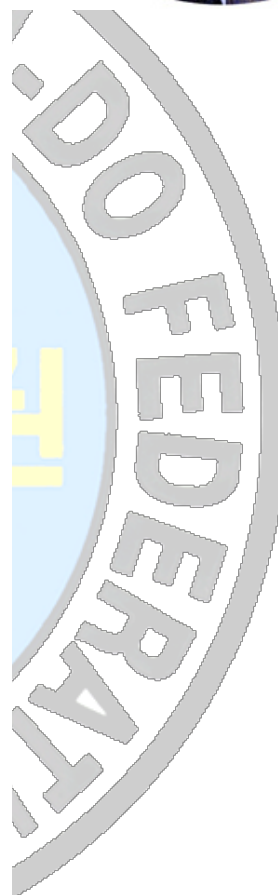
I am sure that you will take active participation in the discussion of the above issues for the development of ATF, fully aware of your responsibilities as ATF EB Members, and thus this meeting will pay an active contribution to strengthening and developing the ATF in the future.

Should you have any question, please don't hesitate to ask the ATF Secretariat.

Looking forward to seeing you all in Beijing, China

With best regards, I remain  
Yours in Taekwon-Do,

Kim Kyong Ho  
ATF President



# 22<sup>nd</sup> Anniversary of Nepal ITF



the “22<sup>nd</sup> Anniversary of Nepal ITF” was successfully held and was witnessed by many people at Lalit Party Venue Jawalakhel Lalitpur from 6<sup>th</sup> August to 8<sup>th</sup> August 2019. Mr. Gobinda Khatri and Miss Sabina Shrestha were awarded as best Players of the Year. Sabum Umesh Rajthala and Sabum Bijaya Shrestha were awarded as the best instructor of the Year.

Meanwhile, Rolpa District ITF was awarded to best Association of the year.

Former Deputy prime minister Ministry of Foreign Affairs and home minister Hon, Narayan Kaji Shrestha, Grandmaster Jo Cho Ho, NITF President Sabum Anjan Dhamala, NITF Executive Committee Board members, Instructors, Players, as well as witness by many sports delegate and Member of Parliament were attended the 22<sup>nd</sup> anniversary.



## Mid-Year Graduation and testing, ITF Thailand



The recent mid-year graduation of students from the Kiddie Kwon class (exercise class for five to seven-year olds) up to the Taekwon-Do class saw the biggest number of graduates in many years. The Kiddie Kwon class prepares the students with sound skills in the core Taekwon-Do assets of balance, coordination, focus, flexibility and fitness. In addition, they learn some basic Korean terminology and above all gain a great deal of self-confidence. There have been a number of students who commenced in the Kiddie Kwon Class who are now 1st and 2nd Dan ITF Black Belts. On the same day three of our female 2nd Dans successfully tested for 3rd Dan and a former Kiddie Kwon student tested for 2nd Dan.



# IRAN ITF HELD A PROVINCIAL TECHNICAL SEMINAR IN PROVINCE OF ALBORZ



On Friday 4<sup>th</sup> October 2019, Iran ITF agent, Mr. Reza Arabian, in province of Alborz, held a domestic technical seminar, which was conducted by Sabum Hossein Sojdeh. Iran ITF Vice President, Mr. Hamidreza Madani, and Secretary General, Mr. Farshad Bahrami also were presented in that seminar.



# ITF Taekwon-Do Activities of INDONESIA NGB



Indonesia ITF presents ITF Taekwon-Do Seminar in Yogyakarta 2019



Grading Test , Indonesia ITF



Indonesia ITF participating in Malaysia 1st Asia Pacific ITF Taekwon-Do (School) Championship 2019

# Strengthening bonds and mastering Taekwon-do The ITF Singapore Taekwon-do Invitational Championship 2019

Reported by:

*Rian Chua Hong Liang*

*President of International Taekwon-Do Federation Singapore (I.T.F.) Singapore*

On 8 September 2019, more than 50 participants aged 5 to over 21 participated in the ITF Singapore Taekwon-do Invitational Championship 2019. Organised by the International Taekwon-Do Federation Singapore (I.T.F.) Singapore, the Singapore National Governing Body (NGB) of the International Taekwon-do Federation, the annual championship is the highlight in our calendar of events. Jeffrey Leo, 4<sup>th</sup> Dan, was in charge of organising this event, and was supported by black belts name list as below.

Umpires				
Rian Chua (5th Dan)	Knight Chew (4th Dan)	Leong Ka Chun (2nd Dan)	Ang Kok Hui (1st Dan)	Lee Shiuan Kiet (1st Dan)
Eric Ko (5th Dan)	Low Mun Tuck (4th Dan)	Lum Weng Hou (2nd Dan)	Chris Chang (1st Dan)	Lin Lixin (1st Dan)
Nelson Chang (4th Dan)	Lawrence Chai (4th Dan)	Su Li Yang (2nd Dan)	Jasmine Law (1st Dan)	Nasri Chang (1st Dan)
Jeffrey Leo (4th Dan)	Machi Liew Shin Tong (4th Dan)	Vivien Loi (2nd Dan)	Jasmond Tan (1st Dan)	Phu Ding Yih (1st Dan)
Cherie Ho (4th Dan)	Guan Qiao Sheng (2nd Dan)	Timothy Loi (1st Dan)	Kor Kah Hoe (1st Dan)	Than Sook Wei (1st Dan)

The aim of the championship was to expose students from a young age to the rigours of training hard for competition. Equally important was to have students learn from each other, from both students who performed better and also less well. For some, this was their first experience of a competition, but everyone learnt and enjoyed themselves. It was also a good experience for more senior black belts, to refresh and apply their umpiring skills.

We hope that the competition sets our students up for the ITF Singapore Regional Championship in 2020, where we will be inviting practitioners from neighboring countries to participate.



for Asi





# ITF Malaysia contingent to the World Championships in Plovdiv



Gold Medal : Michelle Lim & Silver Medal : Ho Chai Jing  
Adult Female 5th Dan Pattern



Gerry Woods, Ho Chai Jing, Kho Han Siang, Michelle Lim, Master Lee Sock Cheng, Wee teck Jien

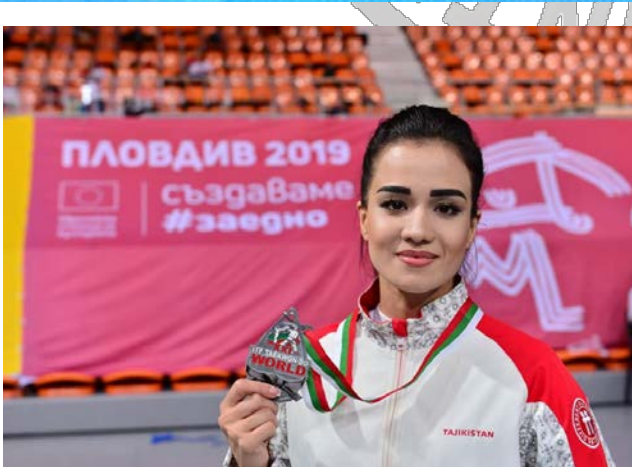


Gold Medal (Male Adult 6th Dan Pattern) - Sabum Khoo Han Siang with Malaysian Coaches - Sabum Gerry Woods & Sabum Wee Teck Jien



Mr. Khoo Han Siang recieving the Diploma Of Citation (ITF)

# ITF Tajikistan Achievements of World Taekwon-Do Championships, Plovdiv 2019



# ITF Azerbaijan independence Cup

International ITF Taekwon-Do Tournament will be held in BAKU 17th – 20th OCTOBER 2019

**MINISTRY OF YOUTH AND SPORT OF THE REPUBLIC OF AZERBAIJAN TAEKWON-DO ITF "TORNADO" SPORTS KLUB INTERNATIONAL TOURNAMENT (INDEPENDENCE CUP OF AZERBAIJAN) TAEKWON-DO ITF**

**2019 10 17-20**

**TAEKWON-DO ITF BAKU OPEN**

tkd.itf.az@gmail.com  
tel: +994557327525  
WhatsApp +994553139232